



Venture Out

Classes & Services

2016 - 2017

Venture Out Classes & Services 2016—2017

55 Alive (Defensive Driving)	OASIS	Fri, Dec 9 & Fri, Feb 10 8am - 12pm	Jim Gibides
Aerobic Dance	BUENA VISTA BALLROOM	TUES & THURS 8:30am - 9:30am	Bonnie Haapala
Ask Your Pharmacist	EAST POOL COMPLEX THERAPY ROOM 1	2nd & 4th MONDAY 9am - 11am	Robert Hayes
Ask Eldon	ACTIVITY OFFICE	11/15, 1/10, 3/14 1:00pm—2:00pm	Eldon Becker
Ballroom West Coast Swing Beginning	AUX BALLROOM	MON 1:00pm - 1:45pm	Mona Brandt
Ballroom Beginning	AUX BALLROOM	MON 1:50pm - 2:40 pm	Mona Brandt
Ballroom Latin (Beginners)	AUX BALLROOM	MON 2:45pm - 3:30pm	Mona Brandt
Blood Pressure Check	EAST POOL COMPLEX THERAPY ROOM 2	MON 9:45am - 11:30am	Various
Bocce	BOCCE COURTS	WED 9:00 am- 10:00am	Club Generated
Bridge Lessons START DATE: JANUARY 4 2017	MOJAVE ROOM	Jan 4-Feb22 WED 8:30am - 10:15am	Barbara Rees
Bridge : Arizona Valley Bridge START DATE: Nov. 1, 2016	MOJAVE ROOM	Tuesday 9:00am - 12:00pm	Barbara Rees
Ceramics Creative Clay - Pottery	CERAMICS BLDG	MON & WED 9:00am - 12:00pm TUES & THURS 1:00pm - 4:00pm	Arlene Smith
Ceramics Make & Take	CERAMICS BLDG	Jan 31 & Feb 1	Arlene Smith
Choir	MUSIC ROOM & CLASSROOM	WED 8:00am - 12:00 pm	Eldon Stompro
Co-Ed Exercise	BUENA VISTA BALLROOM	MON thru FRI 7:25am - 7:55am	Class Generated
Computer Class : eBay	ELECTRONICS BLDG	Check Electronics Bulletin Board	Club Generated
Computer Class : Email I & II	ELECTRONICS BLDG	Check Electronics Bulletin Board	Club Generated

Venture Out Classes & Services 2016—2017

Computer Class : Internet I & II	ELECTRONICS BLDG	Check Electronics Bulletin Board	Club Generated
Computer Class : Know Your Computer	ELECTRONICS BLDG	Check Electronics Bulletin Board	Club Generated
Computer Class : Picasa	ELECTRONICS BLDG	Check Electronics Bulletin Board	Club Generated
Computer Class : Organize Files & Photos	ELECTRONICS BLDG	Check Electronics Bulletin Board	Club Generated
Computer Class : Windows 10	ELECTRONICS BLDG	Check Electronics Bulletin Board	Club Generated
Computer Class : Windows 10 Adv.	ELECTRONICS BLDG	1/12/17, 1/19/17 & 1/26/17	Club Generated
Computer Class : Pictures to Computer	ELECTRONICS BLDG	Check Electronics Bulletin Board	Club Generated
Computer Class : Ipad Advanced	ELECTRONICS BLDG	11/22/16, 11/29/16, 12/6/16, 2/9/17, 2/16/17, 2/23/17	Club Generated
Computer Seminar: Cloud Storage	CABANA	2/17/16	Club Generated
Computer Class : Skype	ELECTRONICS BLDG	Check Electronics Bulletin Board	Club Generated
Cooking Classes	SONORAN	12/12/16, 1/30/17, 2/27/17, 3/27/17	Zappone's Executive Chef Sal Zappone
CPR	CABANA	MON 8:00am - 10:00am 1/30/17	Mesa Fire Department
Creative Writing	SONORAN	THURS 1:00pm -3:30pm	Linda Wallace
Criminal Law (Series)	ACTIVITY OFFICE	WED 1:00pm-3:30 1/4, 1/5, 1/11 & 1/25	Marilynn Rylund
Croquet Lessons	CROQUET GREEN	WED 10:00am - 12:00pm	Bob Bechtold
Dr. Pease Dental Consult	THERAPY ROOM #2	(See Out-Lines) 9:00am-11:00am	Viva McEvoy
Euchre Lessons	MOJAVE ROOM	FRI 6:15pm - 6:46pm	Group Generated
Eyeglass Adjustments Beginning 1/2/17	THERAPY ROOM #2	TUE 1:00pm-2:00pm	Barbara Hauck
Food Handlers	BAJA BISTRO	10/26-2pm, 12/5-10am, 1/4-10am, 2/3-9am, 3/7-10am	Chef Ed

Venture Out Classes & Services 2016—2017

Functional Fitness & Balance	CABANA	TUE & THU 10:00am-10:45am	Kristin Tetlow
German (Conversational) START DATE: JANUARY 2016	MUSIC ROOM	TUE 1:00pm - 3:00pm	Liz Klump
Glass Art Classes	GLASS ARTS BUILDING	Various	See Outlines
Glass Art Make & Take	GLASS ARTS BUILDING	TBD	See Outlines
Grapevine (What's Up VO?)	BAJA BISTRO	MON 9:00am	Teresa Beally & Kristy Smith
Hardanger Class START DATE: JAN. 3, 2017	SONORAN	TUE 1:00pm -3:30pm	Shirley Boyken
Harmonica Instruction (Beginner)	MUSIC ROOM	TUE & THUR 8:45am - 11:15am	Ian Stenberg
Home With Home Depot	ACTIVITY OFFICE	1/17, 2/21 & 3/21 10:00am—11:00am	Home Depot
International Dance & Exercise START DATE: JAN. 3, 2017	AUX BALLROOM	TUE 1:00pm-2:30pm	Annette Ripplinger
Investment Group	OASIS	WED 1:00pm - 2:30pm	Paul Throop
Iris Folding	ACTIVITY OFFICE CONFERENCE ROOM	TUE 11/1, 1/3, 2/7 & 3/7 1:00pm - 3:00pm	Elma Becker
Know Your Gym	EAST POOL COMPLEX	Various	Ron Weber (See Outlines)
Lawn Bowling	LAWN BOWLING GREENS	TUE & THURS 10:30am	Club Generated
Massage	THERAPY ROOM#1 at EAST POOL COMPLEX	Monday-8am-12:15pm Tuesday-9am-5pm Wednesday-9am-5pm Thurs—9am-5pm Friday—8am-12:15pm Saturday—9am-5pm	Mary Anne Schuster Call for Appointments 210-287-4719
Massage	THERAPY RM#1 at EAST POOL COMPLEX	Monday & Friday 12:30-5:00	Rehabilitation Chiropractic Call for Appointments 480-396-4400
Meet Your Pharmacist	THERAPY ROOM #1 at EAST POOL COMPLEX	2nd & 4th Mondays 9:45am - 11:30am	Robert Hayes
Men's Exercise	CABANA	MON thru FRI 6:45am - 7:15am	Ken Kamps
Newcomers Orientation	MOJAVE	Friday 11/4, 12/2, 1/6, 2/3 & 3/3 10:00am	Teresa Beally
Nutritional Guidance	EXERCISE ROOM	Classes by Appointment CALL 480-980-3430	Kristin Tetlow

Venture Out Classes & Services 2016—2017

Painting Studio	SONORAN	THURS 8:45 am - 12:00 pm	Margaret Harrington
Parkinsons Support Group	TBD	TBD	Ken Scott
Personal Fitness Training	EXERCISE ROOM	Classes by Appointment CALL 480-980-3430	Kristin Tetlow
Pickleball	PICKELBALL COURTS	TUE & WED 11:00am - 12:00pm	Club Generated
Pool Room Lessons	POOL ROOM	Check Pool Room Bulletin Board	Club Generated
Prostate Cancer Support Group	TBD	TBD	Ken Scott
Reiki Relaxation & Natural Healing Class Level 1	12/2-12/4 Classroom/Music Room 2/3 Oasis	12/2-12/4 1:00PM—5:00 PM 2/3 9am-4pm TO REGISTER CALL BEVERLEY AT 480-325-4421 OR BARBARO AT 503-393-3845	Paul Mitchell / Beverley Nugent
Rock & Gem (Lapidary)	ROCK & GEM SHOP	TUE 10:00am - 12:00pm	Club Generated
Round Dance (Beginners)	BUENA VISTA BALLROOM	THURS 10:00am - 12:00pm	Steve & Lori Harris
Round Dance (Ph 3)	BUENA VISTA BALLROOM	TUE 1:00pm - 3:00pm	Steve & Lori Harris
Round Dance (Ph 4)	BUENA VISTA BALLROOM	THURS 1:00pm- 3:00pm	Steve & Lori Harris
Round Dance (Ph 5)	BUENA VISTA BALLROOM	TUE 10:00am - 12:00pm	Steve & Lori Harris
Round Dance Rhythm Clinics	BUENA VISTA BALLROOM	WED 12:30pm - 2:30pm	Steve & Lori Harris
Round Dance Parties	BUENA VISTA BALLROOM	Various Dates 7:00pm - 9:00pm	Steve & Lori Harris
Seminars: Health	CABANA	THURS 1:00pm	Check Out-Lines for details
Seminars: General	AUX BALLROOM	FRI 1:30pm	Check Out-Lines for details
Shuffleboard (Beginners)	SHUFFLEBOARD COURTS	WED 9:30am - 11:00am	Club Generated
Shuffleboard (Novice)	SHUFFLEBOARD COURTS	THURS 9:30am- 11:00am	Club Generated

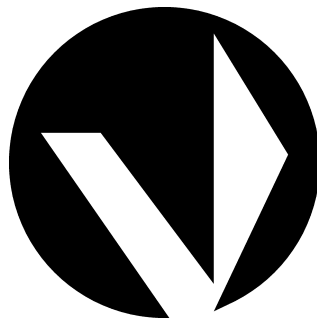
Venture Out Classes & Services 2016—2017

Silversmithing	SILVERSMITH SHOP	MON-FRI 9:00am-4:00pm	Club Generated
Sing 'n Strum	AUX BALLROOM	THUR 7:00pm	Merle Heise
Smart Cycling FUN-damentals SIGN UP REQUIRED	OASIS	MON 11/21 & 1/23 10:00am-11:30am	City of Mesa
Soap Stone Carving	ROCK SHOP	TUE 10:00am - 12:00pm	Jean Backynsky
Square Dance C2 Workshop	BUENA VISTA BALLROOM	FRI 10:00am - 12:00pm	Bill Haynes
Square Dance C3A Dance	AUX BALLROOM	TUE 3:00pm - 5:00pm	Ben Rubright
Square Dance C3A Workshop	BUENA VISTA BALLROOM	FRI 1:00pm - 3:00pm	Ben Rubright
Square Dance C1 Dance	BUENA VISTA BALLROOM	WED 10:00am - 12:00pm	Ben Rubright
Stitch & Chat (Needlework)	MOJAVE	THURS 9:00am - 12:00pm	Dianne Gilbert
Stretch & Tone	BUENA VISTA BALLROOM	MON thru FRI 8:00am - 8:30am	Kathy & Joe Blitgen
Swimming Lessons Beginners	EAST POOL	TUE 1:30pm - 2:30pm	Shirlee Flug
Table Tennis Instruction	AUX BALLROOM	SAT 9:00am - 12:00pm	Class Generated
Tai Chi	AUX BALLROOM	MON, WED & FRI 9:00am - 10:00am	Kathy Smith
Tennis	COURTS 7	TUE & THURS 11:00am - 3:00pm	Merle Bryan
VO Band	MUSIC ROOM	SUN 1:00pm - 4:00pm	Nancy Wombacher
Water Aerobics	EAST POOL	MON & FRI 9:00am - 10:00am	Carole Hewitt
Water Aerobics	EAST POOL	TUES, WED, THURS & SAT 9:00am - 10:00am	Elma Becker
Water Aerobics	EAST POOL	MON thru FRI 10:00am - 11:00am	Jean Deloye
Water Aerobics	WEST POOL	MON thru FRI 8:45am - 9:55am	Marie Austin

Venture Out Classes & Services 2016—2017

Water Exercise	WEST POOL	MON thru FRI 7:30am - 8:30am	Robbie Oldemar
Water Exercise	WEST POOL	MON thru FRI 10:00am - 11:00am	Bruce Trockstad
Weight Watchers REGISTRATION MEETINGS 11/3 & 1/19 10-Week Series Begins 11/10 & 1/26	SONORAN	THURS 3:45pm - 5:15pm	Lorena Brewer 602-248-0303 Ext 21
Wire Ming Tree	SONORAN	TUE & FRI 9:00am - 11:30am	Mitzie Poff
Woman's Book Group	MOJAVE ROOM	2nd & 4th FRI 9:30am - 11:00am	Betsy Klofstad
Woodcarving	HOBBY CENTER	MON thru SAT 9:00am - 4:00pm	Club Generated
Woodworking	WOOD SHOP	MON thru FRI 8:00am - 4:00pm	Club Generated
Yoga	AUX BALLROOM	MON thru FRI 6:15am - 7:15am	Vikki Kunstman
Yoga	AUX BALLROOM	MON thru FRI 7:30am - 8:30am	Vikki Kunstman
Yoga - Second Class START DATE 11/2/2015	AUX BALLROOM	MON thru FRI 11:15am - 12:15pm	Vikki Kunstman
Yoga - Chair START DATE 01/3/2017	AUX BALLROOM	TUE 9:00am - 10:00am	Vikki Kunstman
Yoga-Night Class (6 Classes \$54.00)	AUX BALLROOM	Mondays 1/2, 1/16, 1/30, 2/27, 3/13 & 3/27 \$10 drop ins	Vikki Kunstman
Zumba Gold STARTS NOVEMBER 2016	CABANA	SAT 8:30am - 9:30am	Jana Moore
Zumba Gold STARTS NOVEMBER 2016	CABANA	TUE 12:45PM - 2:00PM	Jana Moore

Venture Out Classes & Services 2016—2017



Venture Out
5001 E Main Street
Mesa, AZ 85205
Main Office: 480-832-0200
Activity Office: 480-832-9000
www.ventureoutRVresort.com